



Corporate Church Fast

January 10th-January 14th

The Year of Supernatural Grace and the Year of Supernatural Protection

Make Yourself Ready for Change (Consecrate Yourself)
Fast & Pray (Believe God)

Purpose of Fast

1. Exploits (Things to happen)
2. Opportunities (To come my way)
3. Supernatural Favor (Doors to be opened)
4. The Goshen Anointing (To come upon me)
5. Restoration (To take place)
6. A Closer Connection with God (A relationship with Him)
7. Revival (For my soul)

2023 Focus

1. Relinquish and release all baggage
2. Tune in and speak to God; then listen
3. Worship and Warfare (Prayer)
4. Declare and decree and thank God
5. Things to be restored and revived and everything that was lost or stolen returned



Corporate Church Fast

January 10th-January 14th

The Year of Supernatural Grace and the Year of Supernatural Protection

Make Yourself Ready for Change (Consecrate Yourself)
Fast & Pray (Believe God)

Purpose of Fast

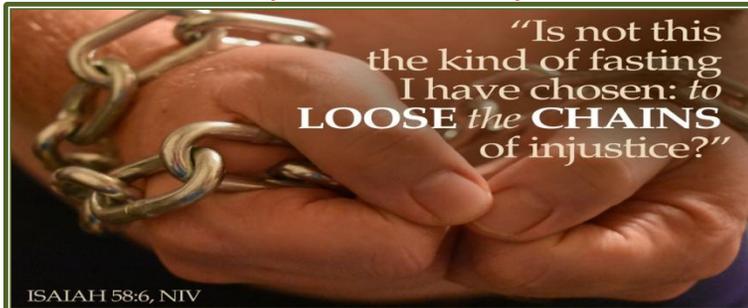
1. Exploits (Things to happen)
2. Opportunities (To come my way)
3. Supernatural Favor (Doors to be opened)
4. The Goshen Anointing (To come upon me)
5. Restoration (To take place)
6. A Closer Connection with God (A relationship with Him)
7. Revival (For my soul)

2023 Focus

1. Relinquish and release all baggage
2. Tune in and speak to God; then listen
3. Worship and Warfare (Prayer)
4. Declare and decree and thank God
5. Things to be restored and revived and everything that was lost or stolen returned

Prayer & Fasting

January 10th-January 14th



Apostle Sowell is calling Faith Center Freeport to a “Supernatural Grace & Protection” fast with only fruit and vegetables for more power and breakthrough, beginning January 10th, ending January 14th.

Those who should consult a doctor and/or be under his/her care during fasting include: the extremely frail, those with a weakened immune system, and those with eating disorders, medication-dependent diabetes, chronic ailments such as heart disease, especially if on prescription medication.

With most conditions, it is possible to fast, but the more serious the condition, the more you need professional support during a fast to avoid any problems. If you are on any prescription medications, your requirements for that medicine may vary from day to day. For example, if you are on blood pressure lowering medication, fasting may naturally lower your blood pressure. You wouldn't want to take your full dosage of medicine or your blood pressure may drop too low. You would need a doctor to monitor you daily.

You must take care of yourself. Use your best judgment, and that of your physician, if you have medical issues which leave you uncertain about the safety of fasting in your life.

Prayer & Fasting

January 10th-January 14th



Apostle Sowell is calling Faith Center Freeport to a “Supernatural Grace & Protection” fast with only fruit and vegetables for more power and breakthrough, beginning January 10th, ending January 14th.

Those who should consult a doctor and/or be under his/her care during fasting include: the extremely frail, those with a weakened immune system, and those with eating disorders, medication-dependent diabetes, chronic ailments such as heart disease, especially if on prescription medication.

With most conditions, it is possible to fast, but the more serious the condition, the more you need professional support during a fast to avoid any problems. If you are on any prescription medications, your requirements for that medicine may vary from day to day. For example, if you are on blood pressure lowering medication, fasting may naturally lower your blood pressure. You wouldn't want to take your full dosage of medicine or your blood pressure may drop too low. You would need a doctor to monitor you daily.

You must take care of yourself. Use your best judgment, and that of your physician, if you have medical issues which leave you uncertain about the safety of fasting in your life.